



Do you have an idea for an article? A regular feature section? This newsletter is for the Alberta Sailing community, we would love to know what you want to read about. Contact The Editor with any and all ideas: editor@albertasailing.ca

Alberta Series

The Series

The Alberta Sailing Association in conjunction with the ASA REEC team are happy to announce the Alberta Series for 2017. It will be four of five regattas with Provincials scoring a boat double points (to your advantage, not disadvantage!). The particulars are on the ASA website (<http://albertasailing.com/alberta-series-notice-of-race/>):

The Icebreaker on June 3-4 @ the Calgary Yacht Club
The Founders' on June 10-11 @ the Wabamun Sailing Club
Prairie Winds on July 7-9 @ the Newell Sailing Club
Midsummer Regatta on July 22-23 @ the Glenmore Sailing Club
Provincials on September 2-4 @ Edmonton Yacht Club

Safety at Regattas – Request to RO's for Skipper's Meeting

The Alberta Sailing Association request that all RO's at the Skipper's Meeting directs the attention of all individuals to the location of the First Aid Kit and Emergency Plan. We are not anticipating any issues, just erring on the side of caution and that knowledge is power.

Canada Summer Games Athlete Profile

Edwin (Connor) Oliveira – Crew for 29er Male Team



I have been sailing for close to eleven years now, though I can't remember when I started sailing competitively. The love of *nauticus* was spurred from viewing the tall ships regatta at the age of three, but my first experience sailing experience was two or three years later, after nagging my parents into enrolling me into the CYC summer camps. Since then the obsession has had me hooked. I've sailed Opti, Lasers 1 and 2 (competitive), 420, Lightning (competitive), San Juan (competitive), a few yachts, catamarans, and other various sailing craft from B.C to Ontario. In 2013, I spent a week sailing the St. Lawrence 2 Tall Ship out of Kingston, Ontario. Last season I began training as the crew for the Canada Games male 29er as well as

becoming employed as an instructor at the CYC sailing school. This season's plans are to do well at the Games and get my name in the crew roster for the Vic-Maui regatta when it opens up in September.

As for future plans, I intend to make a career that is as close to sailing as I can approximate. After graduating high school, plan on enrolling in the nautical science program at the *Marine Institute* at Memorial University. If you don't know, this degree would allow me to serve as a deck officer on vessels in the merchant marine and would lead to a master's certificate, which would allow me to captain them.

Canadian Laser Master Championships @ the Wabamun Sailing Club

All Laser sailors (young and not as young – see NoR for more information on under 35 year old sailors <http://wabamunsailingclub.com/wp-content/uploads/2017/03/Canadian-Laser-Masters-NOR-2017.pdf> to register: <http://wabamunsailingclub.com/2017-canadian-laser-masters-regatta/>)

SEAN EVANS is one of the coaches for training before the Canadian Laser



(Sean is on the far right, with the 2016 Chilean Olympic 49er team)

Championships (Sean will *only* be coaching during the three day training session and then racing in the regatta):

I started sailing at the age of 8 at Llanishen Sailing center where some very influential instructors inspired my family to take up racing. We progressed through the optimist Squad system in the UK learning all the essential racing skills that would set me up for life. After growing quickly, I sized out of the optimist and moved onto the Laser Radial. This is where I started to really blossom as a sailor enjoying the physical nature of the boat and the finesse required to sail the boat to its full potential.

Being trained by some of the top UK coaches, I was able to develop into one of the top youth races managing a top 10 in the Europeans after just a year and a half. Progression got me again as I moved onto the Laser Standard at the crisp age of 16. This is where my real test started, racing against some of the top Laser sailors in the world. Again, with the aid of the British Squad coaches I was able to develop my skills further and win the trials for the ISAF Youth Worlds place in Weymouth. After youth racing, I progressed onto the Olympic system within the UK and raced all around the world learning new challenges along the way.

After a few years of campaigning and a few physical speed bumps, in the process of rehabilitating the last injury I progressed further with my coaching gaining more of an understanding and appreciation of the 'other side' on the water. I first developed my skills with the Welsh Youth sailing teams working with optimists, lasers and toppers, which was followed swiftly by GBR youth Laser Radial coaching. This was hugely valuable in my development as a coach and the understanding required to keep developing myself. The next step in my journey was to Bermuda where I became the race coach of at the Royal Bermuda Yacht Club this was my first taste of full time coaching. Following this I worked with two 49er teams which were campaigning for Rio 2016. Learning a new boat in such detail was a great opportunity for my development and planning an Olympic campaign became my new focus. After one boat folded all the effort went into working with the Chilean 49er team. We achieved our main goal and qualified for Rio 2016 where huge lessons were learnt and experiences were gained.

Throughout my sailing and coaching careers, I have experienced many highs and lows, but all have helped me develop the appreciation of continual progression and the appreciation of the details required needed to become the best.

Editorial (from the Editor)

Get into a Different Realm of Sailing with Oakcliff

Since 2012 I have been extremely fortunate to take on several different roles at the Oakcliff Sailing Center: umpire, race committee and even coach. During this time, I have watched many individuals develop onto the National and International Stage in racing, umpiring, race committee and employment in many different areas in the sailing world. If you want to spice up your training/racing experience, send your child(ren) on an unbelievable adventure into all aspects of the sailing world and/or develop your race official skills, check out:

<https://www.oakcliffsailing.org/>

I am receiving *no* financial or any sort of gains from this program, I just believe that there are many opportunities in the sailing world to explore, beyond that of Prairie Sailing. Also, checkout the training programs and some scholarships are available:

<https://www.oakcliffsailing.org/programs/training-programs/>

I just wish I were a youth sailor growing up in these times!! The opportunities are incredible, you just need to know where to look and I am more than happy to help (Stacey, Director-at-Large for ASA: sgibb@ualberta.ca).

Where in the World are our Members?

The Alberta Sailing community would love to know and share where our members are travelling to for regattas, be it racing, training, race committee, judging and/or spectating – let us know (editor@albertasailing.ca), please.

Results & News

Check out the Comox Sailor of the Month – *well done again, Ian!!*

<http://comoxbaysailingclub.ca/cbsc-sailor-of-the-month-ian-elliott-head-coach/>

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