



Do you have an idea for an article? A regular feature section? This newsletter is for the Alberta Sailing community, we would love to know what you want to read about. Please contact the Editor with any and all ideas: editor@albertasailing.ca

Alberta Series

The Series

The Alberta Sailing Association in conjunction with the ASA REEC team are happy to announce that the Alberta Series is off and running with three regattas now complete (Icebreaker, Founders' and Prairie Wind).

The top in each category (a few categories were dropped due to lack of participation), thus far, are:

Laser Standard

- 1st Isaac Bussin (CYC)
- 2nd Evan Mah (CYC)
- 3rd Barry Tee (ASA)
- 4th Eugene Dombrovskiy (GSC)
- 5th Russel Krause (WSC)

Laser Radial

- 1st Stephen Reichenfeld (CYC)
- 2nd Lesley Reichenfeld (CYC)
- 3rd Ewa Stroemich (WSC)
- 4th Ben Brown (CYC)
- 5th Erin Sonnie (NSC)

San Juan 21

- 1st Tim Griggs (GSC)
- 2nd Wade Butler (GSC)

Fireballs

- 1st Debbie Kirby & Gregg Fergusson (GSC)
- 2nd Liz Brennan & Iker Bizcarguenaga (GSC)
- 3rd Hamish Ferguson & Crew (GSC)
- 4th Roy Tichkowsky & Kate Russell (WSC)
- 5th Ken Tichkowsky & Neil Tichkowsky (WSC)

Optimist Blue Fleet

- 1st Adam Chan (CYC)
- 2nd Nathan Lemke (GSC)
- 3rd Robbie Simpson (GSC)
- 4th Nicolas Dixon (GSC)
- 5th Cameron Hay (GSC)

Optimist Green Fleet

- 1st Koby Hittel (GSC)
- 2nd Duncan Hay (GSC)
- 3rd Kalden Benning (CYC)

Safety at Regattas – Request to Race Officer’s (RO’s) for Skipper’s Meeting

The Alberta Sailing Association request that all RO’s at the Skipper’s Meeting directs the attention of all individuals to the location of the First Aid Kit and Emergency Plan. We are not anticipating any issues, just erring on the side of caution and that knowledge is power.

Canadian Laser Master Championships @ the Wabamun Sailing Club

All Laser sailors (young and not as young – see NoR for more information on under 35 year old sailors <http://wabamunsailingclub.com/wp-content/uploads/2017/03/Canadian-Laser-Masters-NOR-2017.pdf>)

REGISTER NOW: <http://wabamunsailingclub.com/2017-canadian-laser-masters-regatta/>

Notice of Race (NoR) Rules – Why is this even necessary?

Why is it that we, as sailors, have to read all of this rule stuff just to sail in a regatta? Can we not just keep it simple and get on with the racing? Does it feel like the race officials are just trying to take all of the fun out of it? In actual fact, the Notice of Race (NoR), Sailing Instructions (SI’s), Class Rules and Racing Rules of Sailing (RRS) are attempting to keep the fun in the sport by having consistent documents and rules and therefore an easier process, hopefully, to deal with any *issues* that may arise.

An example, from the International Laser Class Association Rules Preamble:

“One of the attractions of the Laser for most owners is that the class rules are very strict and that the boat is one design. The Laser philosophy incorporated in the rules is that we want to go sailing, not waste time fiddling with boats. We want to win races on the water using our skill, not by trying to find a way round the rules that will give us an advantage.”¹

What is the purpose of the NoR?

As stated by the Royal Yachting Association:

“The Notice of Race (NoR) exists to set out the conditions under which the racing will be run. It allows a competitor to decide whether they wish to participate or not and to understand (and therefore plan) the general structure of the racing. It should not duplicate detailed matters contained in the Sailing Instructions, but should have sufficient information to allow potential competitors to make a sensible assessment of whether they wish to compete or not.

“Technically, it is a formal offer of contract to a potential competitor with the conditions under which he or she will be allowed to participate in the regatta. The competitor must be assured that these conditions will not vary.”²

Why do you have to care about this?

One of the biggest reasons you should care about the NoR and any other documentation is that you, under the RRS 3 & 4, are both ‘accepting of the rules’ stated in the NoR, SI’s, Class Rules and RRS and consciously making the ‘decision to race’. Further to that, RRS 75 discusses your compliance to adhere to “the requirements of the organizing authority” upon ‘entering a race’.

¹<http://laserinternational.org/wp-content/uploads/2017/02/2017-Laser-Class-Rules.pdf>

²<http://www.rya.org.uk/SiteCollectionDocuments/Racing/RacingInformation/RacingRules/RYA%20Guidance%20%20Club%20Notice%20of%20Race.pdf>

Why is this even being discussed?

If a boat does not comply to the NoR, SI's, Class Rules and/or RRS, she may be protested under RRS 2 (Fair Sailing) and/or RRS 69 (Misconduct). If you are not familiar with either of these rules and you are still feeling that you do not need to comply to *all of these rules*, you should have a quick read over RRS 69 and the guidelines set out to deal with individuals who do not think that the rules should not apply to them (SEE <http://www.sailing.org/42208.php> to download the 61 page document).

This is obviously an article that the editor has composed to address, highlight, bring attention to, those few, if any, individuals who might think it alright to bring our sport into disrepute, and this could be as small as using foul language.

Therefore, know and understand the NoR, SI's, your Class Rules and the Racing Rules of Sailing, for "**Ignorantia juris non excusat**" (ignorance of the law excuses not). If in doubt, ask questions, but not on the race course from any race officials, *please* – we are not allowed to provide outside information (SEE RRS 41, in particular, RRS 41(c)).

Where in the World are our Members?

The Alberta Sailing community would love to know and share where our members are travelling to for regattas, be it racing, training, race committee, judging and/or spectating – let us know (editor@albertasailing.ca), please.

Chris Lemke (GSC) – TransPac Yacht Race 2017

Blog - www.fleet28.com/category/news/

Intro - glenmoresailingclub.com

Canada Summer Games Athlete Profiles

Sasha Mishchenko – Skipper for 29er Female Team



I started sailing when I was young, when my parents enrolled me in an opti sailing camp. As a tall child, I struggled in Opti and was not initially impressed with sailing. However, I stuck with it and progressed up to 420 sailing and that's where I found my passion. The Glenmore Sailing School became my favourite summer program and I quickly progressed through the WhiteSail and CanSail levels. The moment I was old enough I started volunteering at the Glenmore Sailing School where I found an amazing group of individuals who mentored me in the sport and became a second family. Glenmore encouraged me to begin racing which I started in a Laser

at the local Wednesday night race night. My training consisted of the sailing on Glenmore Monday night training, Wednesday night racing and competing in local regattas. Once I was old enough, I was encouraged to become an instructor at Glenmore, an opportunity I jumped on and have never regretted since.

What made me love sailing is the adaptability of the sport. When I volunteered with DSAA I was very surprised to learn that a quadriplegic can utilize the sip and puff system to operate a sail boat! From then on, I knew I was hooked not only in sailing but coaching as well. It is amazing to see children show up to the program for the first time knowing nothing and leaving equally as empowered by a sailing.

Braden Grey, my boss, was actually the one who encouraged me to try out for Canada Games. Originally, I was going for the Laser Radial spot but an opening in 29er opened up and I found my calling. Training for Canada Games has been relentless and an eye-opening experience. It makes me want to pursue competitive sailing in the skiff class. An important part of competing has actually been boat maintenance. It has encouraged me to learn a lot about fiberglassing, composites and most surprisingly, tribology. As a future chemical engineer composites and tribology are two very enticing fields that I would love to pursue a career. In sailing, I have found my lifelong passion which combines sport, physics and engineering in the most supportive and encouraging community.

Brianna Brand – Crew for 29er Female Team



I am a member of the 2017 Canada Summer Games Sailing Team headed off to Winnipeg at the end of July. I have been Sailing since the age of 10. I began my sailing career at the Calgary Yacht Club Sailing School. My Grandfather and Father are sailors, therefore sailing peaked my interest from a young age. After my first week of sailing camp I was immediately hooked and couldn't wait to get back out on the water. I took many more sailing camps, multiple weeks of camp each summer, for 4 years

in a row. Each year the Sailing School Coaches encouraged me to join race team and at age 14 I made the best decision of my life and joined the Calgary Yacht Club Youth Race Team. I started my racing career in a Byte, on a Laser/Byte youth team coached by Luke Harrison. After a year of sailing in Byte I began sailing Laser Radial. In Laser Radial, I competed at several events including Waves at RVYC, Sailwest at Comox Bay Sailing Club and several local Alberta regattas including provincials. At the end of the season in 2015 after 3 years of singlehanded racing, I made the switch to doublehanded sailing in the 29er class. After a few months of sailing I found my permanent sailing partner and skipper Sasha Mishenko. Sasha and I have competed in several events in the 29er including Waves 2016 and 2017 at RVYC, Spring Dinghies 2017 at Royal Victoria Yacht Club, Icebreaker 2016 at CYC (2nd place), Big Bird Regatta at Pelican Lake Yacht Club (2nd place), Sailwest 2016 at Gimli Yacht Club (2nd place) and Alberta Provincials 2016 at CYC (1st place).

I am Crew in the 29er and my responsibilities include boat balance, sheeting the mainsail upwind, trapeze and control of the spinnaker. I love being a 29er crew because of the thrill and exhilaration of being on the trapeze wire in a very fast skiff. Some of my biggest sailing inspirations to date have been all of my coaches including Luke Harrison, Krzysztof Machowski, Ian Elliot, Kelsey Stoppel and Lauri Kalkkinen. Additionally, my parents: Brian and Sherry Brand inspire my competitive attitude and drive every day. I intend to sail to my fullest capacity to represent Alberta as well as possible at the Canada Summer Games; and I am very proud to be wearing the Alberta blue and representing sailing in this beautiful province.

Wendy Frazier – 2.4mR Sailor



I started sailing back in the summer of 2013. I had met Peter McDougal and he found out I am competitive and wanted to learn how to sail. He let me know of a grant funded 2.4mR learn to sail camp in Victoria BC, so I went. I was told at this camp that I am a natural and should keep it up. Then Peter arranged through ASA to send me to Halifax for the Mobility Cup 2013. For my first regatta and not knowing how to race, I came in 5th in the Silver Fleet that year. I was hooked! I transitioned to the Martin 16 through the Disabled Sailing Association and continued to race, competing in

the Mobility Cup every year since. At Mobility Cup 2014 in Kananaskis, we sailed in 27°C weather one day and the next day we woke up to a ton of snow and temperature of -8°C! We did end up sailing in the snow. We even had a grizzly watching us.

At this Mobility Cup I was approached by Ian Elliott and was asked if I was interested in training in the 2.4mR for 2017 Canada Summer Games. I immediately said yes and have been training hard ever since. I have attended many training camps in Victoria with the national coach Erik Stibbe and Paralympians. I have continued to race with the Martin and have done many regattas with both boats.

I am super excited to be representing Alberta in the para sailing event. I have received coaching and mentoring from many sources. Thank you to everyone, ASA, DSA-A and CYC for helping me while I develop as an athlete.

Mobility Cup 2013
Mobility Cup 2014
Mobility Cup 2015

5th place in silver fleet
4th place in silver fleet
Silver, silver fleet and
Debbie Donald award for Best Female

Mobility Cup 2016	5th place, gold fleet
2.4 mR Canadians 2015	
2.4 mR Canadians 2016	
RVYC Spring Dinghy 2016 2017	
RVYC Spring Dinghy 2015 2016	
Sail West 2016	Silver

Editorial (from the Editor)

What I did in June, hence the lack of an Issue in June

I was extremely fortunate to be invited to be one of three volunteer markboats, working alongside the three professional markboats, at the America's Cup in Bermuda. A little history as to how I was able to acquire this invite is much needed before I begin:

In 2012, Peter van Muyden (International Race Officer) at the Wabamun Sailing Club, asked me if I would like to go to Bermuda to be the Deputy Race Officer for the 'Gold Cup' which was part of the World Match Racing Tour. I will have to admit that I knew very little about match racing, but with the help of Peter, David Pelling (International Umpire/Judge from Quebec), the internet and loads of reading, I headed off in October, not realizing that I was jumping onto a springboard which has allowed me to develop further as a race officer and launched my pursuit of umpiring and judging.

Upon arriving in Bermuda, I was introduced to David Campbell-James (his son was racing with the 'Ben Ainslie Racing' Team in the 35th America's Cup, representing Great Britain), who is an International Race Officer, and I was immediately asked if I would be the Windward Markboat. I happily agreed and preceded to provide wind readings and constantly pulled anchors, moving the three windward marks at what felt was a constant rate. Upon the completion of the regatta, the organizers of the Gold Cup asked me if I would return the following year to be the Deputy Race Officer for I had not had the opportunity to fill this role in 2012 – not surprisingly, I agreed. Since that first regatta, I have been back to Bermuda for nine other regattas as a Race Officer, Judge and/or Deputy Race Officer. Therefore, I have many people to thank for this opportunity, but the main individual who had the confidence in me to be able to fulfill the initial role was Peter van Muyden – words cannot express the gratitude and pride that I have for Peter.



I have many more pictures, if anyone is interested....

Alberta Sailing Association

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