



# Alberta Sailing Association

Volume 2 | Issue 3  
**Winter Part 3 2018**

Do you have an idea for an article? A regular feature section? This newsletter is for the Alberta Sailing community, we would love to know what you want to read about. Please contact the Editor with any and all ideas: [editor@albertasailing.com](mailto:editor@albertasailing.com)

## ASA Spring Training Camps

Like every year, the ASA is happy to have the May Spring Training Camps over 3 weekends. They are free of charge and the focus will be on Optimists, Lasers and Doublehanded dinghies.

Please bring weather appropriate sailing gear, water container for your own hydration, snacks and do not forget to bring dryland clothing in case we have to wait for the wind – time for a little dryland training!

Join us at any or all of the camps:

12-13 of May

Calgary Yacht Club [Register here](#)

9am - 5pm (on the water 10am-12pm / 1pm-4pm)

Tentative coaches: Lauri Kalkkinnen, Barry Tee and TBA

19-21 of May

Wabamun Sailing Club [Register here](#)

With introduction to the new ASA summer sailing coach – John Ferguson

9am - 5pm (on the water 10am-12pm / 1pm-4pm)

Tentative coaches: Lauri Kalkkinnen, John Ferguson, Kevin Petrosenko and Barry Tee

26-27 of May

Calgary Yacht Club [Register here](#)

9am - 5pm (on the water 10am-12pm / 1pm-4pm)

Tentative coaches: Lauri Kalkkinnen, John Ferguson, Barry Tee and Kevin Petrosenko

## Status of Ice at WSC

Spring cannot arrive soon enough!

Image from the 8<sup>th</sup> of April 2018 @ 1800hrs  
100 metres from shore....

(Photo thanks to Commodore Jones – WSC)



## Alberta Sailing Instructor Clinics

### Become a Sailing Instructor

If you know someone or you are over 16 years of age – become a sailing instructor!

There are still a lot of summer sailing jobs available within Alberta, the Northwest Territories, British Columbia and in many other provinces.

Future instructors need to be 16 years old, pass the fundamental course, CanSail Instructor 1/2, and Coachboat Safety, plus possess a PCOC and current First Aid certification.

All instructors must pay their CanSail dues for insurance purposes.

Link to registration page:

<https://albertasailing.checkclick.com/>

## Alberta Series

### The Series 2018 – Six regattas to find the champion of the designated classes

The Notice of Race (NoR) is available on the ASA Website. This year the Series will have six regattas in which four are needed to score for the Series. The regattas are:

*CYC Icebreaker Regatta*

*WSC Founder's Regatta*

Notice of Race: [http://wabamunsailingclub.com/wp-content/uploads/Founders-Regatta-NoR-2018\\_1.pdf](http://wabamunsailingclub.com/wp-content/uploads/Founders-Regatta-NoR-2018_1.pdf)

Online Registration: <https://wabamunsailingclub.wufoo.eu/forms/m4jplxt0grge22/>

*NSC Prairie Wind Regatta*

*GSC Summer Regatta*

*SailWest 2018 @ WSC*

*Provincials @ CYC*

## Get inspired by our Sailing Youth

### CYC Youth – Four Leaf Fundraiser

On March 17, the Leprechauns descended on CYC and transformed the club into a haven for St. Patrick's Day shenanigans!

Members of the CYC youth race team, under the direction of Club Manager – Laurie Dunn; Head Coach – Brianna Brand; and Director of Youth Sailing – Sherry Harris-Brand – treated attendees to a gourmet meal that consisted of not so traditional Irish fare. The menu featured items such as Corned Beef and Cabbage Sliders, Saucy Shiraz Shepherds Pie, Bangers and Colcannon, and Irish Chocolate Pots de Crème.

The youth team members delighted family and friends with a musical "talent auction". Tables bid for the right to hear their acts adding extra money to the team coffers. A silent auction and Irish Whiskey tasting rounded out the evening's events.

When all was said and done, the pot of gold at the end of the rainbow held \$4,171 to help offset team travel costs for the upcoming season!

Keep Calm and Shamrock On!

## Where in the World are our Members?

The Alberta Sailing community would love to know and share where our members are travelling to for regattas, be it racing, training, race committee, judging and/or spectating – let us know (editor@albertasailing.com), please.

### Canadians Run Two Race Circles at WesMex 2018 (stolen from the WSC website)

WesMex International Small Boat Regatta is Mexico's biggest and longest running dinghy regatta. It is hosted by the Vallarta Yacht Club in Nuevo Vallarta on Banderas Bay. It is a qualifier for the Mexican Sailing Team to represent the country in various international competitions.

A team of 16 Canadians volunteered for race management duties and ran 2 of the four circles. This covered the various Lasers, Club 420's and Hobie 16s.



Pictured: Linda Green, WesMex Regatta Chair; Duncan & Maggie Cook, Nanaimo (EYC); Margaret & Steve Brunsdon (laying down), Central Okanagan Sailing Assoc.; Janet Geisberger & David Bruyey, National Yacht Club; Anne Marie & Madeleine Palfreeman, PCYC, Montréal; Famina & Tof Nicoll-Griffith; Jordyce & Peter van Muyden, WSC; Wanda Bornn & Bruce Barss, WSC. (Missing from Photo: David Sprague & Ann Rouget).

## Historical Sailing Moments

### The Edmonton Yacht Club – the Early Years

“The Edmonton Yacht Club had its beginning in the spring of 1923. It was the intention of the club to secure headquarters at Cooking Lake. Cooking Lake was chosen, by those interested in introducing the sport of Yacht Racing to Edmonton, partly because of its accessibility and also because Cooking Lake was the popular resort for Edmonton people. As stated in *The Edmonton Journal* at the time, the lake compares favorable with any body of water where yachts of the shallow draught type are raced. The lake is 20 miles long, consisting of really two lakes, North Cooking Lake and South Cooking Lake, connected by a channel called The Narrows. There are several islands and many large bays, making a varied shore line. The bottom of the lake is soft and there are very few rocks to contend with....” To continue reading (this is stolen directly from this link on the EYC website): <http://www.edmontonyachtclub.ca/history-chapter-1.html>



## Advances in Sport

### Responsible Coaching Movement

Sail Canada joined the [Responsible Coaching Movement](#) which is a program created to educate coaches, instructors, athletes and parents.

The Responsible Coaching Movement (RCM) is a multi-phase system-wide movement, coordinated by the Coaching Association of Canada and the Canadian Centre for Ethics in Sport that has the potential to affect all sport organizations and coaches.

The RCM that will address the role coaches play with issues relating to the health and safety of athletes, both on and off the field of play to provide a safe environment for the athlete and for themselves.

Key areas of focus for the implementation of Phase 1:

- The Rule of 2
- Background Screening
- Respect & Ethics Training



## Editorial

### Bermuda stepped up the game for World Championship boat storage

The Royal Bermuda stepped up the standard for a Bermuda National Championships and the World Championships with the Foiling Moth class.

After a brilliance performance by the country and people of Bermuda in hosting the America's Cup in 2017, they are left with spoils from the now departed teams. The foiling moths never had to derig their boat at the end of the day – pop it on the dolly and roll it into the old Oracle hanger for dry favourable conditions to 'tweak your rigging/boat'.




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