

# ALBERTA SAILING ASSOCIATION



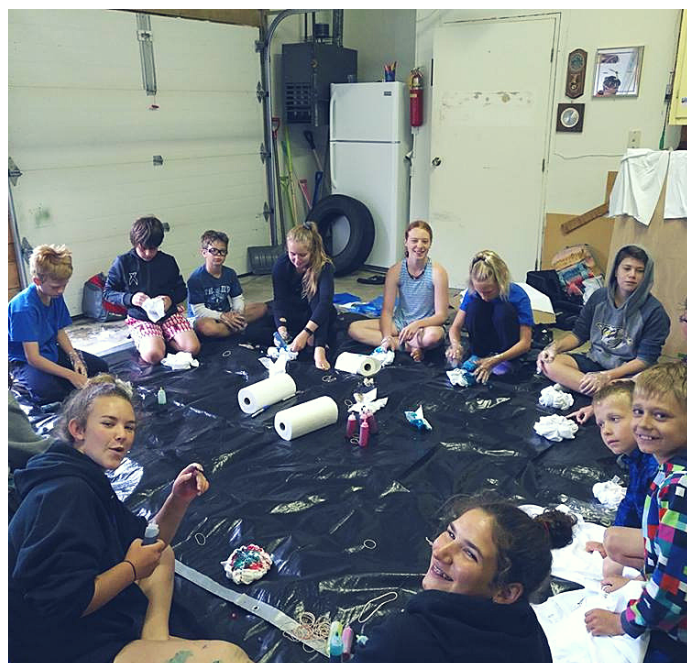
## Calgary Yacht Club

### *Chestermere Lake*

The Calgary Yacht Club is the longest continuous resident on Chestermere Lake. Back in 1923, three men formed a group called the Calgary Sailing Club which was the precursor to the Calgary Yacht Club. They raced dinghies and eventually each of them obtained 22' cabin cruisers which they both raced and sailed for pleasure. Perhaps it was the appearance of the white sails on the blue water that attracted others to participate. The Calgary Yacht Club was incorporated as a society in 1933 and a boat builder from Nova Scotia was commissioned to build a club house at the northeast end of the lake – its original location. (Cont'd on next page)

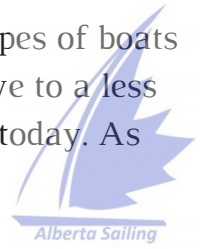
### WHAT YOU'LL FIND INSIDE

- **LIFE OF JOHN HENDERSON**
- **HOW TO VOLUNTEER FOR THE ASA CASINO NOV 9-10**
- **RESULTS AND SCORING**



MOSS: Mobile Optimist Sailing School

The mandate of the club was to encourage proficiency in the handling of all types of boats and to arrange sailing competitions. Following the war, the club decided to move to a less active area on the lake and obtained lots on the east shore, where the club sits today. As the membership expanded, so did the club house, its facilities and programs.



Fast forward to today where the club is still considered the premier sailing facility on the prairies. The club relies on the time, talent and treasure of its volunteers to help make it a dynamic part of the community. Membership is open to everyone and provides unlimited access to the lake and amenities of the club for as little as \$1.50 per day.

The Calgary Yacht Club is a vibrant, active club. We host sailing regattas, sailing education, paddle boarding, windsurfing, kayaking, swimming and other fitness-related and social activities as well as providing coaching and support for athletes who aspire to compete at a higher level. Last year six athletes from CYC represented Alberta at the Canada Summer Games in Gimli, Manitoba.



This year, with the closure of the Glenmore Reservoir this year, CYC has welcomed a large contingent of sailors from the Glenmore Sailing Club along with many others who were also displaced. The Disabled Sailing Association is also sharing our space thereby allowing their community partners to continue their programs throughout the closure. All of these new members have become an integral part of our community and we enjoy the diversity they bring to our club.

The Calgary Yacht Club boasts an active youth race team of 17 who are sailing Optimists, Laser 4.7's and 420's. The team hosted their first ever and very successful fundraiser this past March raising over \$4000 to help offset the cost of their travel to away regattas. The Laser Masters group (ages 35 and up) are equally active, training every Tuesday and racing in the clubs weekly twilight series throughout the sailing season. While many of this group attend local and provincial regattas, a large contingent set their sights on championship regattas around the world.

As we find ourselves more than half way through a super busy season, we look forward hosting sailors from clubs all over Alberta at the Provincials Regatta this Labour Day weekend. - Laurie



## VOLUNTEER FOR THE ASA CASINO NOV 9-10

The Casino Fundraiser enables the Alberta Sailing Association to function at it's current capacity and is entirely run by volunteers. The casino will run November 9-10, 2018 at the Deerfoot Inn and Casino in Calgary, AB.

Please consider signing up to volunteer at the link below:

<https://goo.gl/forms/lnTDY5j7BF7DtgMw1>



Jr Sailing at WSC

## SAILWEEK WABAMUN SAILING CLUB

Sailweek 2018 was enjoyed by over 100 pirates and buccaneers. Monday was very warm with no wind, so adults and children enjoyed the new 'lily pad' and the improved sandbox and play area. The winds and sailing picked up each day after that, ending in a challenging Friday morning sail and an epic storm Friday afternoon, that included multiple capsizes and rescues. All's well that ends well, and all people and equipment were rescued safely.

During the week Barry Tee provided on the water coaching and Laurie Kalkkinen dropped by a few times.

NASC had a full roster of students using the Opti's and the 420's. It is great to see so many boats on the water.

This year there were a few experienced sailors bringing along their family to introduce them to the sport: Dana Lang a former NASC instructor and her two daughters, Atya and Xenya Wendy Luther, an Ontario sailor, her husband James and their daughter Arween Shannon Skov-Rackette, who grew up sailing on Wabamun, but more at EYC, and his twin daughters, Flannery and Kieran. Please take some time to introduce yourself to these sailors when you see them around the club.

Regina with the help of her son Max were the winners in both the bocce ball and the pickleball round robins. The Wabamun Olympics were entertaining to watch, and as always, Fred added a few new twists. The scavenger hunt was a success and the 4 rounds of capture the flag were enough to tire me just watching.

Barb and I want to thank each and every participant for sharing their time and talents to allow sailweek to be a volunteer event. It truly builds community, while having fun in our favorite sport, sailing.

Save the Date Sailweek 2019 July 22-26 - see you there!

Marguerite

# John Henderson: Life and Sailing



## Early Life

I participate in the Sail Canada Sailing 4 Life program. I was first introduced to sailing at aged 2 at Gull Lake. My parents purchased a property at Kapasiwin on Lake Wabamun in the mid 1950s. My parents belonged to the Royal Canadian Navy Sailing Association (RCNSA) at the east end of Lake Wabamun in the 1950s. This group morphed into the Wabamun Yacht Club in 1960 and then into the Wabamun Sailing Club in 1964.

## Y-Flyers

The first boat that I sailed on was called the Y-Flyer built by John Booth of Edmonton around 1956. Our family in sequence had four Y-Flyers, the last built in 1967. My first boat was an El-Toro, an 8-foot pram built by the Poole Construction Company in 1960. I think 10 boats were built and 6-8 of the boats wound up at Kapasiwin where by parents had a summer cottage. This was the basis for some friendly competition between 10 and 11 year olds. My first sailing lesson was at aged 14 at the Edmonton Yacht Club. The boat used was the Flying Junior. At aged 14, I sailed a borrowed Y-Flyer with a 13 year old crew and won in the annual WSC to EYC cruising race. The year following, the minimum age for the race was fixed at 17 years old. When I was 14, I qualified and sailed in 2 Precentennial regattas; one in Calgary in Flying Juniors and one in London, Ontario in Y-Flyers. My first summer job was as an assistant sailing instructor at aged 16 years with the EYC sailing school. At aged 17 years I travelled with the Y-Flyer to CYC for the provincials and almost took out the power line with the mast. I learned about the perils of homemade rhubarb wine from Bert Linder and was introduced to a lot of CYC friends. I believe that Bert along with Vere Forsythe and friends championed and started the City of Calgary Junior Sailing School.

## Around the World

I started racing fireballs in 1969 and continue to do so. Our family purchased our first laser (number around 8592) at that time and it is still in our possession. In 1971, I attended the British National Fireball Championships. I was touring Europe at the time, read about the regatta a week previously in the airport lounge in Cypress, hopped on a train to Dorset and asked if anyone would like a crew. There was a fellow from the British army who was looking for a partner and I had a chance to race. There were 151 boats on the starting line. It was held at the Royal Dorset Yacht Club, the same venue as the 2012 Olympic sailing. I slept on the leather couches in the club lounge for the whole regatta. It was my introduction to 'Rabbit' starts. I think we placed 147th. In my 20s, I managed to go to a national or North American fireball championship every year. I usually finished in



midfleet, but it was a lot of fun going to regattas in San Francisco, Gimli, Montreal, Toronto, St. Margret's Bay and of course Kingston.

In 1984, I sailed in the Victoria to Maui race on the Frers 53, Zamazan. We won division 1. It was a lifetime experience, but I learned that messing up can be costly compared to doing the same in a fireball or laser.

### **Volunteer Involvement and Life Today**

In 1987 and 88, I was president of the Alberta Sailing Association. In 1988, was the volunteer medical support for the Canadian Sailing Team at the Olympic Games at Pusan, South Korea. During that regatta, Lawrence Lemieux was given a special medal for rescuing a Singapore crew who had become separated from his boat. Frank McLachlan and John Mullen won a bronze medal for Canada in the Flying Dutchman class. Ross MacDonald and crew almost won silver in the Star. I volunteered as the pilot for the International Photo Boat during the sailing and watched the Flying Dutchman and Star sail in 40 knot winds. I sailed with Lawrence Lemieux when he won the 1989 National Offshore Match-racing Championship at RVYC in Martin 242s. Of the 4 man crew, only Lawrence and I had previous sailing experience. The other sailors were Lawrence's pals from Edmonton.

In the 1980s, my sister and I tried to revive the Kapasiwin Sailing Club. We held a regatta every year and called it the Pink Flamingo with mostly friends from WSC attending. This series of regattas culminated in the 1989 Western Canada Fireball championship with 22 competitors racing at family cottage. In 1998 as WSC vice commodore, I set up an instant boat building contest and race. 4 boats were built out of plywood sheeting



in a period of 2 hours. The contestants had to paddle/sail the boat to a mark 80 feet off shore and then return. Few made it. I was commodore of the Wabamun Sailing Club in 1999. More recently, I have continued to sail the fireball and laser. I competed in the Fireball World Championships in 2006 in Victoria and with my wife in 2008 in Thailand. I have been on the board of directors of NASC since 1999 and have volunteered as the manager for the past 15-17 years.

John Henderson

## Get Your ASA T-Shirt!

Alberta Sailing T-Shirts will be available for sail at upcoming regattas, or by request. Please email our Sailing Director Lauri at [info@albertasailing.com](mailto:info@albertasailing.com) to purchase one for \$20.00

## Coming Up...

### Sailwest Alberta Series Event 5

August 4 - 6  
Wabamun Sailing Club

Find more about upcoming events  
on our website!

## Contact Us

**Sailing Director**  
Lauri Kalkkinen  
[info@albertasailing.com](mailto:info@albertasailing.com)

**President**  
Stacey Gibb  
[president@albertasailing.com](mailto:president@albertasailing.com)

## Want to be featured?

*Do you have an idea for an article? A regular feature section? This newsletter is for the Alberta Sailing community, we would love to know what you want to read about. Please contact the Editor with any and all ideas: [editor@albertasailing.com](mailto:editor@albertasailing.com)*

