

Sophie Heldman, Provincial Coach – Alberta Sailing

This past year, I worked alongside Braedyn Denny to create additional training opportunities for Alberta athletes. Despite some last-minute planning, we successfully ran 9 training camps and coached 9 regattas, including three out-of-province events. These events were made possible with the support of the local sailing community, including clubs, athletes, parents, and coaches.

Key Achievements

The primary challenge we faced this year was the last-minute execution of our training and event schedule. This created logistical challenges, but with community support and flexibility, we were able to deliver valuable experiences to the athletes. Collectively we were able to support Alberta athletes at the following events:

- Coached 10 training camps
 - May Clinic CYC
 - Founders Training
 - June Clinic CYC
 - July Clinic CYC
 - Prairie Winds Clinic NSC
 - Wabamun Sail Week
 - ASAA Training Camp
 - Double Handed Camp GSC
 - Pre Provincials Training Camp
 - Sail Canada ID Camp RVanYC
- Coached 7 regattas
 - Icebreaker CYC
 - Founders WSC
 - Driftwood GSC
 - Sail West/Waves
 - Prairie Winds Regatta
 - CORK
 - Provincials CYC

Goals for Next Year

Looking ahead to the next season, I am excited to continue building on the work we've done and connect with more members of the sailing community across Alberta. My primary goal is to ensure that we increase participation and get more athletes on the water enjoying the sport. I look forward to taking a collaborative approach, working closely with clubs, coaches, athletes, and parents to further support the development of sailing in Alberta.

2024 ASA AGM Admin Report Submitted by Kathy Speck

When I started working as the Admin for ASA just over a year ago I had no idea how diverse my role would be! I've been involved with the instructor clinics, spring training camps, the annual casino financial reconciliation, Corporate Registry filing, Provincial Government Grants and Canada Summer Games. I was able to attend the ASAA (DSAA) 30th Anniversary party last summer, the CYC's 100th Anniversary, and the 2024 Provincial Regatta.

I have researched the many different types of insurance, attended Sail Canada meetings, distributed Safe Sport materials to clubs, and entered a large volume of certifications into the Sail Canada database.

A lot of my time is spent communicating with clubs, schools, and our communications volunteer. She is trying to teach me how to manouver in our new website so that I can make updates or changes right away. I am now invoicing athletes for regatta costs, and clubs and schools for memberships. I've also been speaking with iceboaters and radio controlled boat sailors as there are so many versions of sailing!

Once again, I would like to express my gratitude to the Alberta sailing community for such a warm welcome, along with all of the teaching and your collective patience!